

# YES!

YOUTH  
EMPOWERMENT  
FOR  
SOCIAL  
INCLUSION

## INTRODUCTION

Verein zur sozialen und beruflichen



TUATHA  
SOCIAL  
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Promoció i Benestar Social

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cesie  
the world is only one country



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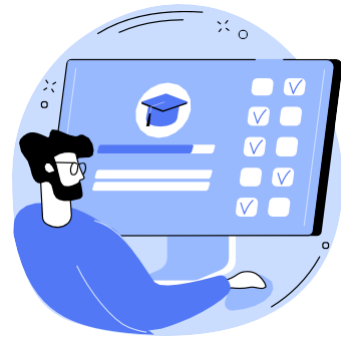
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# Introduction



The main goal of the project is to engage young people by involving them in challenging activities that stretch their abilities, imagination and view of the world and the part they can play in it. Buy also, to empower them with new skills and knowledge, provide the experience of creating real change, become owners of the social capital they create, and start to realise the value of their own ideas.

For more information see the [project website](#).

The main aim of this curriculum is to provide empowerment modules for young people to become active citizens using their potential and visions for a better future for creative problem solving of social challenges.

They will be equipped with knowledge, skills, values, and motivation to take over responsibility for their local, national and global circumstances and to actively work on these.

The development of either the training materials and the consolidated model will easily integrate the concept of YES-SI in youth work organisations. Those factors will enable the youth workers to enhance either their skills and knowledge towards providing more innovative and effective individual and collective empowerment.

The resource is based on the [Youth Empowerment for Social Inclusion Methodology](#).

In order to develop this curriculum, the YES-SI partnership carried out one local co-design workshops in Greece, Italy, Germany and Spain.

During the co-design workshops youth worker and Peer- Experts shared experiences and created the framework and core content of the training modules.

Indeed, the training programme has been adapted according to the suggestions of the co-design workshops participants.

The target group of the training programme are NGOs operator, trainers and youth workers, to permit to use it with young people.

The didactic approach is based on non-formal education methodology with interactive methods, combining a variety of training methods: working groups & small groups, problem & solution focused sessions, group dynamic exercises, brainstorming processes and presentations.

This is done in four modules in 4 modules. The duration of each module is around 3 hours, and the total duration of the curriculum is 12 hours.

Each module contains a theoretical part, and 2 different non-formal education activities. The activities can be implemented face to face, but they can be adapted for an online version, with the suggestions for the trainers and facilitators.

In each module there are also good practices and resources, to facilitate the organisation of the activities in the community.

Modules Title

## 1 Internal strengths and external powers

The young people explore the needs in their local community. In this way, they will start from the power of their community, but also from the problems, to find the right countermeasures.

## 2 Youth Leadership for social change

The aim of this module is to increase personal and collective leadership.

Thanks to the work of the previous module, they will continue to build a local community, aimed at promoting solutions to the problems of injustice and inequity.

They will work with local makerspaces to prototype a service or product that they developed with the group of people they want to help the most.

## 3 Youth Digital Activism

This module aims to improve the young activist's skill of using the internet, social media and other digital tools (e.g., online petitions).

They can use these tools to organize online events, to do lobby and raise funds to further their project developed in the previous modules



## 4

### Civic Changemaking

This module will further support and develop participants' ideas in practice, with actionable implementation plans.

The testing of the training modules will be implemented during the implementation of the changemakers Labs in each partner country (R4).

Finally, to ensure a wide visibility and use of the YES-SI training modules, they will be translated in: English, German, Greek, Italian, Spanish.

